

Sheet1

Pos	Bib	Name	Time	Chip Time	Category	Cat Gender	Gen
5	165	Michael TOWLER	57:22.50	57:22.50	Senior	5 Male	5
43	69	Gary MACALISTER	01:09:04.50	01:09:02.90	Vet40	15 Male	41
147	40	Douglas WATKINSON	01:21:09.40	01:20:49.30	Vet40	56 Male	129
172	353	Ian DOBSON	01:23:30.00	01:22:59.60	Vet50	34 Male	146
174	224	Stuart ARGUILE	01:23:35.70	01:23:28.30	Vet70	2 Male	148
176	432	Andrew JEFFERIES	01:23:38.10	01:23:23.40	Vet60	6 Male	149
195	64	Michael STYNES	01:25:44.90	01:25:35.20	Vet50	39 Male	163
216	195	Andrew SHARRATT	01:29:01.30	01:28:41.40	Vet60	9 Male	180
245	189	Peter JOBSON	01:32:43.90	01:32:20.80	Vet50	51 Male	201
254	380	Maria HARRYMAN	01:33:49.60	01:32:46.00	Vet40	21 Female	48
260	164	Tina TOWLER	01:35:15.80	01:34:51.00	Vet60	5 Female	52
306	211	James CRAWFORD	01:43:02.60	01:42:43.60	Vet60	19 Male	233
312	148	David BAGSHAW	01:44:25.20	01:43:53.10	Vet50	61 Male	236
314	149	Sally FRAWLEY	01:44:35.50	01:44:03.10	Vet40	33 Female	78
315	190	Pauline BRADLEY	01:45:03.60	01:44:30.30	Vet60	7 Female	79
329	138	Hayley Southgate SOUTHG	01:47:34.80	01:47:08.10	Vet50	18 Female	86
333	418	Richard BLISSETT	01:48:27.10	01:47:48.10	Vet40	93 Male	245
334	417	Nicole JACKSON	01:48:28.70	01:47:50.00	Senior	27 Female	89
344	137	Richard SOUTHGATE	01:53:02.80	01:52:21.90	Vet60	23 Male	251
352	161	Chris ASHTON	01:55:21.30	01:54:26.70	Vet50	65 Male	252

Sheet1

Pace

9.4 m/hr	1
7.8 m/hr	2
6.7 m/hr	3
6.5 m/hr	4
6.5 m/hr	5
6.5 m/hr	6
6.3 m/hr	7
6.1 m/hr	8
5.8 m/hr	9
5.8 m/hr	1
5.7 m/hr	2
5.2 m/hr	10
5.2 m/hr	11
5.2 m/hr	3
5.1 m/hr	4
5.0 m/hr	5
5.0 m/hr	12
5.0 m/hr	6
4.8 m/hr	13
4.7 m/hr	14